



Discover your Raleigh Parks and Recreation Department

FUN FRIDAY SOCIAL EVENTS

Wii Game Night

Age: 5-16. Come join us the 1st Friday of each month for Wii Game Night! Bring yourself and bring a couple of friends. Put your game face on and have fun! Class Fee: \$0

January 4	Friday	6:00-8:00pm
February 1	Friday	6:00-8:00pm
March 1	Friday	6:00-8:00pm
April 5	Friday	6:00-8:00pm

Game It Up

Age: All ages. Socialize with friends while playing popular games like Uno, Connect Four, Sorry, Twister. Like a challenge? Try Pictionary, Taboo, or Cranium for the older gamers. Class Fee: \$0

January 11	Friday	6:00-8:00pm
February 8	Friday	6:00-8:00pm
March 8	Friday	6:00-8:00pm
April 12	Friday	6:00-8:00pm

Cool Artsy Crafts

Age: 5-14. Are you creative? Do you enjoy making one of a kind creations? Channel that ability into this cool arts and crafts experience. A different activity is introduced in each class. See you at Sanderford!

Class Fee: \$0

January 18	Friday	6:00-8:00pm
February 15	Friday	6:00-8:00pm
March 15	Friday	6:00-8:00pm
April 19	Friday	6:00-8:00pm

Teen Time

Age: 13-17. Teens, it's that time at Sanderford Road Center! This program encourages teen socialization, volunteerism, and recreation. Participants will have the opportunity to discuss issues that impact teens as well as explore interests of their own. It's your time. Class Fee: \$0

February 22	Friday	6:00-8:00pm
April 26	Friday	6:00-8:00pm

Family Night at the Movies

Age: All ages. Join us at Sanderford Road Center for a family movie! Pre-registration is required.

Class Fee: \$0

March 29	Friday	6:00-8:00pm
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ADULT PROGRAMS**Sistershare**

Age: 18 and up. This is a sharing and caring support group that meets every other Thursday night. Some nights we may have invited speakers to speak on specific topics and other times we gather and talk about concerns or issues that the ladies might have. Class Fee: \$0

January 10	Thursday	6:30-7:30pm
February 14	Thursday	6:30-7:30pm
March 14	Thursday	6:30-7:30pm
April 11	Thursday	6:30-7:30pm

ENGLISH AS A SECOND LANGUAGE**English as a Second Language (ESL) - Clases de Ingles**

Age: 18 and up. These classes are offered for beginner levels. Classes are designed for people that utilize a primary language other than English and are interested in learning important skills to communicate in English. Estas clases se ofrecen a nivel de principiantes. Las clases están diseñadas para gente que no habla inglés como su primer idioma y que están interesadas en aprender términos básicos para comunicarse en el idioma inglés. Class Fee: \$0

January 14-February 25	Monday	6:30-8:00pm
March 4-April 15	Monday	6:30-8:00pm

COMPUTER PROGRAMS**Basic Computer I in Spanish/Computacion Basica Nivel I**

Age: 16 to adult. This course will introduce basic computer skills. Students will learn how to use the computer keyboard, type simple documents, navigate through internet and other topics. Este curso tiene como objetivo introducir conocimientos básicos de computación. Los estudiantes aprenderán como usar el teclado, escribir documentos simples, usar la Red (Internet) y otros temas.

Class Fee: \$40 Resident, \$52 Non-Resident

March 9-April 13	Saturday	6:30-8:00pm
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FITNESS**Zumba Fitness**

Age: 16 and up. Latin inspired, easy to follow, calorie burning, dance fitness-party. Feel the music and let loose! Classes taught by Licensed Zumba Instructor, Sarita Smith. Join the party at Sanderford Road Center!

Class Fee: \$5 per class Resident, \$17 per class Non-Resident

January 8-April 30	Tuesday	6:30-7:30pm
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YOUTH PROGRAMS**Brotherhood**

Age: 11-16. This program offers boys ages 11-16 an opportunity to learn about themselves through positive interactions with community volunteers, educational and social group activities, and field trip opportunities. Don't be left out of the BROTHERHOOD. Led by Retired RPD Mentor Charlie Branch. Class Fee: \$0

January-April	Wednesday	6:00-8:00pm
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Community Afterschool Program

Age: 5-12. The Community Afterschool Program is being offered at several local Community Centers for children K-6th grade following the Wake County Traditional school calendar. This program is designed to offer recreation activities, homework assistance, and arts & crafts. Cost: \$0

January 2-June 10	Monday-Friday	3:30-6:30pm
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YOUTH PROGRAMS**Girl Connection**

Age: 9-15. Join us the 1st and 3rd Wednesday of each month for Girls Connection! This program encourages girls to come together with their peers to enhance and encourage positive values, socialization, and community. Girls, this is your time to CONNECT! Class Fee: \$0

January-April**Wednesday****6:00-8:00pm****Fun Fitness Kids**

Age: 5-12. Sanderford Road Center knows how to make exercising fun! Kids can use their enthusiasm while embarking on new adventures in exercise. Kids will play engage in individual and group fitness activities. . Let's get fit! Class Fee: \$0

January 8-April 30**Tuesday****5:30-6:15pm****Science Fun Hour**

Age: 5-12. Youth will participate in a program which will encourage them to learn more about science through hands on activities that are educational and fun! Instruction by Mona Chevis with Score One Up. **Pre-**

Registration Required. Class Fee: \$0**January 25****Friday****4:30-5:30pm****February 22****Friday****4:30-5:30pm****March 22****Friday****4:30-5:30pm****April 26****Friday****4:30-5:30pm****May 24****Friday****4:30-5:30pm****Tuskegee Airmen Aviation Academy**

Ages: 8-12. Aviation is an explosive industry with tremendous growth projected over the next several decades. Participation in this program will make youth aware of the many careers and life experiences that are available in aviation. Program open to youth males and females ages 8 to 12. Program Fee: \$0Pre-registration required. Registration begins December 4. Participants can expect the following: Discuss History of Tuskegee Airman; Complete a community service project; Build model planes; Apply math to aviation problems; Fly Flight Simulators; Visit aviation museums and airports

January-June**1st Saturday of month****11:00am-1:00pm**PRESCHOOL**Ballet & Creative Dance**

Age: 2 ½ -5. Come explore the wonderful world of ballet and creative dance! This class combines ballet and creative dance to give preschoolers an introduction to a variety of genres of dance. Basic techniques and combinations will be taught. Expect a time for self-expression and fun! Classes taught by Mrs. Lala with a B.A. degree in Dance from UNC-Greensboro. Preschooler must be at least 2 1/2 years old to participate. Class Fee: \$32 Resident, \$44 Non-Resident

January 7-28**Monday****5:00-6:00pm****February 4-25****Monday****5:00-6:00pm****Hippity N' Roll**

Age: 2 ½ -5. This class uniquely combines hip hop dance with tumbling in a fun and energetic atmosphere. This high-energy class encourages creative and rhythmic dance. Are you ready yet? See you at Sanderford! Classes taught by Mrs. Lala with a B. A. degree in Dance from UNC-Greensboro. Class Fee: \$32 Resident, \$44 Non-Resident

January 7-28**Monday****6:00-7:00pm****February 4-25****Monday****6:00-7:00pm**

PRESCHOOL

Only Princesses Allowed

Age: 3-5. This is a party for princesses only. Your little princess can expect a royal experience suitable only for future queens. Majestic arts, classy crafts, and grandiose fun! See you at Sanderford! Cost: \$4 Resident, \$16 Non-Resident

January 17	Thursday	5:30-6:30pm
February 21	Thursday	5:30-6:30pm
March 21	Thursday	5:30-6:30pm
April 18	Thursday	5:30-6:30pm

ART & SPECIAL PROGRAMS

Back to School Arts & Crafts

Age: 5 and up. Want to stand out amongst your peers? Tired of that school supply décor from last year? Join us at Sanderford Road Center where you can personalize your backpack and lunch bag, or even a pencil box and folder. . . .Whatever your heart desires! Basic decorative materials and school supplies will be provided. Bring your own backpack or lunch bag. Class Fee: \$0

January 10	Thursday	5:00-6:00pm
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MLK Day Project

Youth will celebrate Dr. Martin Luther King, Jr.'s birthday with arts, crafts, and games.

Age: 5 and up. Class Fee: \$0

January 18	Friday	5:00-6:00pm
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Mosaic Heart Art

Youth will have the opportunity to create Valentine's Day Inspired Art.

Age: 5 and up. Class Fee: \$0

February 14	Thursday	5:00-6:00pm
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Spring Egg Decorating

Youth will make colorful decorative eggs. Come one come all!

Age: 5 to 12. Class Fee: \$0

March 27	Wednesday	5:00-6:00pm
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Celebrate Earth

Youth will participate in earth friendly crafts and art lessons that promote reducing, reusing, and recycling.

Age: 5-12. Class Fee: \$0

April 22	Monday	5:00-6:00pm
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ATHLETICS

Raleigh Rockets-Youth & Teen Track Team

Age: 9-17. Raleigh Rockets Track and Field Program was developed to introduce young athletes to this sport rich in tradition and history. This program combines technical development and fundamental techniques with safety and a major focus on fun! We want to inspire athletes to have a love for running and being active. Participants will put it all together for a fun filled track meets ad competitions with other track clubs. Class Fee: \$15

Sanderford Road Center Club-Team begins practice March 4, 2013. Call 919-831-1898 for more information.

SENIOR PROGRAMS**Senior Bingo Tuesdays**

Age: 55 and better. Join us the first Tuesday of each month for BINGO! Enjoy rounds of games of bingo with friends, old and new. See you at Sanderford! Class Fee: \$0

January 8	Tuesday	2:00-3:00pm
February 5	Tuesday	2:00-3:00pm
March 5	Tuesday	2:00-3:00pm
April 2	Tuesday	2:00-3:00pm

Open Computer Lab for Seniors

Age: 55 and better. Join us every Wednesday for an open computer lab at Sanderford Road Center. Need help getting on the internet or setting up a new email address? Our staff can assist you with any questions you have. Class Fee: \$0

January 2-April 24	Wednesday	2:00-3:00pm
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SPECIAL EVENTS**District 4 Egg Hunt**

Age: All ages. Come join us at **Sgt. Courtney Johnson Community Center or Peach Road Community Center** for a fun-filled morning. Check with the center closest to you to find out what exciting pre-hunt events are planned. Hunts start promptly at 11:00am. This is a free activity and pre-registration is not required. Cost: \$0

March 23	Saturday	11:00am
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